



身輕體淨 心暢神舒

Tai Chi keeps you Healthy in Mind, Body and Soul

課程：理法精確、由淺入深、循序漸進

Our Curriculum is systematic, clear and accurate.
Allows students to learn effectively and progress efficiently.

教練：經驗豐富、耐心細緻、親切友善

Our Instructors are experienced, patient and dedicated.
Pays close attention to individual progress.

TAI CHI OPEN HOUSE

Friday, 17 Sept. 2010, 7:30 - 8:30 pm
Sunday, 19 Sept. 2010, 4:00 - 6:00 pm

Free Trial Class and Demonstrations



Beginner taichi classes:

Fridays 7:30 - 8:30 pm

Sundays 4:00 - 5:00 pm

Sundays 5:00 - 6:00 pm

Beginner wushu classes:

Sundays 4:30 - 6:00 pm

www.taichi.ca

**48 Fieldway Road, Etobicoke
(South/West of Bloor/Islington)
10 minutes walk from Islington subway**

Phone: 647.839.2496

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